



# INTERACTIVE WORKSHOP: 'EXPLORING ERASMUS+ OPPORTUNITIES'

TOTAL DURATION: 60 MINUTES

## Description:

This interactive workshop provides youth workers with an in-depth understanding of Erasmus+ programmes and their potential impact. Participants will engage in group discussions, case studies and practical exercises to explore professional development opportunities through seminars, training courses, and job shadowing experiences, as well as the European Training Strategy and its relevance for youth work.

## Instructions for the trainer:

### Introduction to the workshop (10 minutes):

- Explains the purpose of the workshop and the objectives pursued: to become familiar with the opportunities of the Erasmus+ programme and to understand its relevance for professional development.
- Introduces the components of Erasmus+, such as youth exchanges, European volunteering, structured dialogue, etc., and how each can benefit young people and youth workers.

### Opportunity exploration (20 minutes):

- Divide participants into small groups and assign each group a topic related to Erasmus+ (seminars, training courses, job shadowing, etc.).
- Ask each group to research and discuss their assigned topic, identifying the specific opportunities Erasmus+ offers and how these may be relevant to their professional development.
- Groups should use online resources provided (such as the European Training Calendar and SALTO-YOUTH Resource Centres).

### Case studies and practical exercises (20 minutes):

- Present a case study of a youth worker who used Erasmus+ for his/her professional development (e.g. job shadowing abroad).
- Ask the groups to analyse the case and propose how they could apply what they have learnt in their own work context.

### Group discussion and conclusions (10 minutes):

- Facilitate a group discussion where participants share their findings and reflections.
- Highlight how the opportunities identified can enhance youth work practice and contribute to greater community impact.



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